

Name

Date

MRN

Please consider the following questions over the course of your lifetime and answer to the best of your abilities.

1	Some people have periods lasting several days when they feel much more excited and full of energy than usual. Their minds go too fast. They talk a lot. They are very restless or unable to sit still and they sometimes do things that are unusual for them, such as driving too fast or spending too much money. Have you ever had a period like this lasting several days or longer?	Yes	No
If you answered YES to #1, skip #2 and proceed to #3.			
2	Have you ever had a period lasting several days or longer when most of the time you were so irritable or grouchy that you either started arguments, shouted at people, or hit people?	Yes	No
Only answer #3 if you answered “yes” to either #1 or #2.			
3	People who have episodes like this often have changes in their thinking or behavior at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in many ways that they would normally think inappropriate. Did you ever have any of these changes during your episodes of being excited and full of energy or very irritable or grouchy?	Yes	No