

Name

Date

MRN

<b>Over the last 2 weeks, how often have you been bothered by any of the following problems?</b>		Not at all	Several days	More than half the days	Nearly every day
1	Little interest or pleasure in doing things	0	1	2	3
2	Feeling down, depressed, or hopeless	0	1	2	3
3	Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4	Feeling tired or having little energy	0	1	2	3
5	Poor appetite or overeating	0	1	2	3
6	Feeling bad about yourself- or that you are a failure or have let yourself or your family down	0	1	2	3
7	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8	Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual.	0	1	2	3
9	Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
Add up each of your selections for your total score:					

Q6 Core10	I made plans to end my life in the last 2 weeks	NO	YES
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Total Score	PHQ-9 Interpretation
0 - 4	Normal
5 - 9	Mild Depressive Disorder
10 - 13	Major Depressive Disorder - Mild
14 - 17	Major Depressive Disorder - Moderate
≥ 18	Major Depressive Disorder - Severe

**TOTAL SCORE**

Name

Date

MRN

<b>Over the last 2 weeks, how often have you been bothered by any of the following problems?</b>		Not at all	Several days	More than half the days	Nearly every day
1	Feeling nervous, anxious or on edge	0	1	2	3
2	Not being able to stop or control worrying	0	1	2	3
3	Worrying too much about different things	0	1	2	3
4	Trouble relaxing	0	1	2	3
5	Being so restless that it is hard to sit still	0	1	2	3
6	Becoming easily annoyed or irritable	0	1	2	3
7	Feeling afraid as if something awful might happen	0	1	2	3
Add up each of your selections for your total score:					

<b>Total Score</b>	<b>GAD-7 Interpretation</b>
0 - 4	Normal
5 - 9	Mild Anxiety, Unspecified
10 - 13	Generalized Anxiety Disorder, Mild
14 - 17	Generalized Anxiety Disorder, Moderate
≥ 18	Generalized Anxiety Disorder, Severe

**TOTAL SCORE**